

# CURRICULUM VITAE

Dr. J. Murray Hockings  
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## **EDUCATION**

|   |         |
|---|---------|
| McMaster University, Hamilton, Ontario, Canada – Science Major  | 1983-84 |
| Brock University, St. Catharines, Ontario, Canada – Science Major   | 1984-85 |
| Niagara College, Welland, Ontario, Canada – Science Major   | 1985    |
| Brenau College, Marietta, Georgia – Science Major   | 1986    |
| Life University, Marietta, Georgia – Doctor of Chiropractic program<br>(formerly Life Chiropractic College) – extensive focus in the following areas: | 1986-90 |

### Special Training In:

Functional Endocrinology, Clinical Nutrition, Embryology, Biochemistry, Anatomy, Physiology, Histology, Osteology, Bacteriology, Virology, Pathology, Radiology, Parasitology, Mycology, Immunology, Orthopedic Diagnosis, Clinical Diagnosis, Central Nervous System, Peripheral Nervous System, Autonomic Nervous System, Neurodiagnosis, Gastro-Intestinal, Genito-Urinary, Toxicology, Geriatrics, Clinical Psychology, Integrated Diagnosis and Advanced Wellness

Link To Doctor of Chiropractic Curriculum

<http://www.life.edu/academic-pages/chiropractic/chiropractic-curriculum>

## **DEGREES/LICENCES/CERTIFICATIONS**

|  |      |
|--|------|
| Doctor of Chiropractic Degree (D.C.)               | 1990 |
| Board Certified ~ National Board of Chiropractic   | 1990 |
| State of California Doctor of Chiropractic License | 1992 |

## **WORK EXPERIENCE**

|   |              |
|---|--------------|
| Associate Chiropractor – Desert Chiropractic, Palm Desert, California   | 1991-1992    |
| Owner – 5 Health Care Offices (Indian Wells, CA; Cathedral City, CA; Brawley, CA; La Quinta, CA; Irvine, CA)  | 1992-2012    |
| Founder/C.E.O. – Help Your Diabetes, Dallas, Texas  | 2010-present |
| Author – “Imagine Living Without Type 2 Diabetes” and “Send Your Doctor Packing”  | 1997-present |
| Public Speaker – given over 1,000 lectures/seminars the past 27 years covering Diabetes, health, wellness, thyroid disease, heart disease and nutrition           | 1991-present |
| Help Your Diabetes Franchise Organization   | 2017-present |
| Owner – Help Your Diabetes Clinics in Dallas, Houston, Lancaster, Salt Lake City<br>Wichita, Oklahoma City, Orlando, Charleston (9 additional under construction) | 2018         |

## **CLINICAL EXPERIENCE**

28 years experience; seen over 20,000 patients with the following conditions; diabetes, hypothyroid, heart disease, low back pain, neck pain, headaches, herniated discs, arthritis, fibromyalgia, arm pain, leg pain, carpal tunnel syndrome

## **MEMBERSHIPS**

American Diabetes Association (ADA)

## **POST DOCTORATE TRAINING**

Functional Endocrinology – Dr. Datis Kharrazian, DHSc, DC, MS, MNeuroSci, FAACP, DACBN, DABCN, DIBAK, CNS

Functional Blood Chemistry Analysis – Dr. Datis Kharrazian, DHSc, DC, MS, MNeuroSci, FAACP, DACBN, DABCN, DIBAK, CNS

Case Studies & Principles in Functional Endocrinology – Dr. Datis Kharrazian, DHSc, DC, MS, MNeuroSci, FAACP, DACBN, DABCN, DIBAK, CNS

Neurotransmitters and the Brain – Dr. Datis Kharrazian, DHSc, DC, MS, MNeuroSci, FAACP, DACBN, DABCN, DIBAK, CNS

Functional Blood Chemistry Analysis – Dr. Datis Kharrazian, DHSc, DC, MS, MNeuroSci, FAACP, DACBN, DABCN, DIBAK, CNS

## **BOOKS (available on Amazon.com)**

- Imagine Living Without Type 2 Diabetes
- Send Your Doctor Packing

## **SEMINAR/LECTURE TOPICS**

- Living Free From Diabetes
- Why Don't Our Bodies Come With Owner's Manuals?
- Health & Nutrition

## **FAMILY**

Wife – Traci; married for 26 years

Children – Tiffani; 23 years old

## **INTERESTS**

Golf, Skiing, Hiking, Exercising, Martial Arts, Reading, Writing, Theater, Travel

## **REFERENCES**

Drs. Steve & Laura Le – (214) 566-8874

Martin Lax, Esq. – (760) 346-8583

Dr. Corey Hollis – (949) 943-7741

Jake Latimer – (832) 247-8920

Mike Haley – (928) 750-0578

Bill Seals – (760) 221-1945

Rich Selby – (585) 738-0581

Sandra Brown – (714) 925-1763

Barry Nicholson – (812) 228-9208

Parthiv Shah – (301) 760-3953

Matthew Bennett – (310) 880-3111

Dr. Shamus Sheridan – (951) 902-5722

Dr. Fabrizio Mancini – (214) 642-4911

Mike Paola – (519) 404-1015